



INTEGRAL UNIVERSITY



Department of Humanities and Social Sciences

Session 2025-2026



Extension Activity Report

Community Awareness Program "Empower Ability: Donation for Dignity" organized
by Department of Humanities & Social Sciences, Integral University, Lucknow

Title: "Empower Ability: Donation for Dignity"

Name of the Scheme: "Implementation of the Rights of Persons with Disabilities (RPwD) Act, 2016"

Session and Date: 2025-2026, 04th May 2026

Place of the Event: Chetna School, Lucknow

Event Organized by the Department: Department of Humanities and Social Sciences

Name of the Collaborating Agency: NSS

Numbers of Faculty Members Involved: 02

Number of Participants: 94

Zeba Aqil
Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow



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Department of Humanities and Social Sciences

Session 2025-2026



Extension Activity Notice



Notice on Extension Activity: Community Awareness Program on "Empower Ability: Donation for Dignity"

The Department of Humanities and Social Sciences, in collaboration with the National Service Scheme (NSS), is organizing an **Extension Activity on "Empower Ability: Donation for Dignity"** on **04 May 2026** at **Chetna School, Lucknow**.

The program aims to promote dignity, inclusion, and equal opportunities for children with disabilities by donating educational and essential learning materials. The initiative is aligned with **Sustainable Development Goal (SDG) 3: Good Health and Well-being** and supports the **Rights of Persons with Disabilities (RPwD) Act, 2016**, which promotes equal rights, accessibility, and social inclusion for persons with disabilities.

Date: 04 May 2026

Venue: Chetna School, Lucknow

All faculty members, NSS volunteers, and students are encouraged to actively participate in this social outreach program and contribute towards creating an inclusive and compassionate society. The activity will be coordinated by Dr. Farha Shoaib & Dr. Tabinda Anjum, under the leadership of Prof. Zeba Aqil, Head of the Department.

Prof. Zeba Aqil

Head, Department of Humanities & Social Sciences
Integral University Lucknow


Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow



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Extension Activity Report



Community Awareness Program on "Empower Ability: Donation for Dignity" organized by Department of Humanities & Social Sciences, Integral University

Report on Extension Activity: Community Awareness Program on "Empower Ability: Donation for Dignity"

The **Department of Humanities and Social Sciences, Integral University, Lucknow**, in collaboration with the **National Service Scheme (NSS)**, successfully organized an extension activity titled "**Empower Ability: Donation for Dignity**" on **04 May 2026** at **Chetna School, Lucknow**. The programme aimed to foster social inclusion, dignity, and educational support for children with disabilities through the donation of educational and essential learning materials.

The program was conducted in alignment with **Sustainable Development Goal (SDG) 3: Good Health and Well-being**, emphasizing the importance of promoting the physical, mental, and emotional well-being of children with disabilities through an inclusive and supportive environment. The initiative also supported the Government of India's **Rights of Persons with Disabilities (RPwD) Act, 2016**, which advocates equal opportunities, accessibility, non-discrimination, and the empowerment of persons with disabilities.

During the visit, faculty members, NSS volunteers, and the participating students interacted warmly with the children of Chetna School, encouraging confidence, inclusion, and meaningful social engagement. Educational supplies and other essential learning materials were donated to support the children's academic development and overall well-being. The activity fostered empathy, compassion, and awareness among the university students while creating a positive and encouraging atmosphere for the beneficiaries.


Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Integral University, Lucknow

The program served as a valuable experiential learning opportunity for the 94 participating students from various departments of Integral University, along with faculty members, enabling them to understand the importance of inclusive practices, community engagement, and the rights of persons with disabilities. It reinforced the University's commitment to social responsibility by promoting equality, dignity, and sustainable development through meaningful outreach activities.

The event concluded with a vote of thanks to the management of Chetna School, the faculty coordinators, student participants for their enthusiastic support and dedicated efforts in making the programme a success. The extension activity successfully reflected Integral University's commitment to advancing inclusive education, social justice, and community well-being in accordance with the Rights of Persons with Disabilities (RPwD) Act, 2016 and the United Nations Sustainable Development Goals (SDGs).


Prof Zeba Aqil
(Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow

Glimpse of the Event



Faculty members and students posing for a group photograph during the extension activity supporting inclusive education and empowerment



Representatives of Integral University presenting a donation cheque to Chetna School in support of inclusive education


 Prof Zeba Aqil
 (Head) Department of Humanities & Social Sciences
 Head
 Humanities & Social Science
 Integral University, Lucknow



A symbolic donation ceremony reaffirming Integral University's commitment to inclusive education and community welfare



A memorable group photograph reflecting the spirit of inclusion, compassion, and community engagement under SDG 3 and the Rights of Persons with Disabilities (RPwD) Act, 2016

Zeba Aqil
 Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow



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Extension Activity

Community Awareness Program on "Empower Ability: Donation for Dignity"

4th May, 2026

Attendance of the Students

S. No.	Name	Department/ Course	Enrollment No	Signature
1.	UMNA ALVI	B. A. (Hons.) in Psychology	2300102465	P
2.	ABDUL SAIF	B. A. (Hons.) in Psychology	2400106382	P
3.	ADAB FATIMA	B. A. (Hons.) in Psychology	2400104366	P
4.	ADEEBA AKHTAR KHAN	B. A. (Hons.) in Psychology	2400103734	P
5.	AFIA TAHSEEN	B. A. (Hons.) in Psychology	2400105827	P
6.	ALIZA FATIMA	B. A. (Hons.) in Psychology	2400105839	P
7.	ALMAS FATEMA	B. A. (Hons.) in Psychology	2400105234	P
8.	ANKITA RAI	B. A. (Hons.) in Psychology	2400106265	P
9.	ARFA FIRDOUS	B. A. (Hons.) in Psychology	2400102247	P
10.	KHUSHI YADAV	M.A. Clinical Psychology	2200100167	P
11.	BUSHRA PARVEEN	B. A. (Hons.) in Psychology	2300100166	P
12.	EASHTHPAL SINGH	B. A. (Hons.) in Psychology	2300102189	P
13.	FAIZEEN KHAN	B. A. (Hons.) in Psychology	2300102307	P
14.	GARIMA JETLY	B. A. (Hons.) in Psychology	2300100360	P
15.	HERA ASAD KHAN	B. A. (Hons.) in Psychology	2300104956	P
16.	IQRA KHALID	B. A. (Hons.) in Psychology	2300100306	P
17.	IQRA KHAN	B. A. (Hons.) in Psychology	2300103846	P
18.	KINZA FATIMA	B. A. (Hons.) in Psychology	2300103295	P
19.	MAHIM HASHMI	B. A. (Hons.) in Psychology	2300102053	P
20.	MALLIKA SINGH	B. A. (Hons.) in Psychology	2300104179	P

Sign of Convener

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Extension Activity

Community Awareness Program on " Empower Ability: Donation for Dignity"

4th May, 2026

Attendance of the Students

S. No.	Name	Department	Enrollment No	Signature
21.	ALINA FATIMA	B. A. (Hons.) in Psychology	2500100947	P
22.	ANAM FATIMA	B. A. (Hons.) in Psychology	2500104312	P
23.	ANAM FATIMA	B. A. (Hons.) in Psychology	2500103012	P
24.	ANAMIKA SINGH	B. A. (Hons.) in Psychology	2500107285	P
25.	ARIEEBA KHAN	B. A. (Hons.) in Psychology	2300102797	P
26.	ARISH KHAN	B. A. (Hons.) in Psychology	2300103973	P
27.	BUSHRA JAMAL	M.A. Clinical Psychology	2200100453	P
28.	FATIMA ZOHRA AKHLAQ	M.A. Clinical Psychology	2200101280	P
29.	HEBA FATMA	M.A. Clinical Psychology	2500100851	P
30.	DEEPALI MAURYA	M.A. Sociology	2400101087	P
31.	HINA KALIMUL EBAD	M.A. Clinical Psychology	2300102226	P
32.	ADITI SINGH	M.A. Clinical Psychology	2500102308	P
33.	ALSANIYA ARIF	M.A. Clinical Psychology	2500105919	P
34.	ALYEBA NOOR	M.A. Clinical Psychology	2500100018	P
35.	AMNA ASHFAQ	M.A. Clinical Psychology	2500104183	P
36.	SHREYA SINGH	B. A. (Hons.) in Sociology	2300102327	P
37.	MAHEK FATIMA KHAN	B. A. (Hons.) in Psychology	2200101712	P
38.	ABDUL AHAD	B. A. (Hons.) in Psychology	2300100523	P
39.	ALEENA SIDDIQUI	B. A. (Hons.) in Psychology	1900102688	P
40.	AREEBA TARIQ	B. A. (Hons.) in Psychology	2300100773	P

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Attendance of the Students

S. No.	Name	Department	Enrollment No	Signature
41.	DEEPANKAR CHAUDHARY	B. A. (Hons.) in Psychology	2400100074	P
42.	FALAK FATIMAH MIRZA	B. A. (Hons.) in Psychology	2400100014	P
43.	AYESHAA NOOR	B. A. (Hons.) in Psychology	2500105485	P
44.	HABIBA SIDDIQUI	B. A. (Hons.) in Psychology	2500106753	P
45.	INNAMA FATIMA	B. A. (Hons.) in Psychology	2500102767	P
46.	MADHUP RAJ TRIPATHI	B. A. (Hons.) in Psychology	2500100122	P
47.	MANTASHA JAMAL	B. A. (Hons.) in Psychology	2500104690	P
48.	MOHAMMAD TALHA KHAN	B. A. (Hons.) in Psychology	2500101439	P
49.	MOHD ANAS RAHMANI	B. A. (Hons.) in Psychology	2500101753	P
50.	MUBASHIRA REHAN	B. A. (Hons.) in Psychology	2500101891	P
51.	NESA QAZI	B. A. (Hons.) in Psychology	2500105071	P
52.	NISHANT ANJUM	B. A. (Hons.) in Psychology	2500104315	P
53.	PRATIBHA SHARMA	B. A. (Hons.) in Psychology	2500101144	P
54.	REHAB ANJUM	B. A. (Hons.) in Psychology	2500101004	P
55.	RIDA FATIMA	B. A. (Hons.) in Psychology	2500100045	P
56.	RIMSHA FATIMA	B. A. (Hons.) in Psychology	2500100950	P
57.	RITIKA ANTHONY	B. A. (Hons.) in Psychology	2500105234	P
58.	SAMIYAH HASSAN BADAR	B. A. (Hons.) in Psychology	2500102673	P
59.	ABHIRUCHI CHAUDHARY	PGDGC	2500100200	P
60.	ADITYA KUMAR GAUTAM	PGDGC	2200104185B	P

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S. No.	Name	Department	Enrollment No	Signature
61.	TAIBA MALIK	B. A. (Hons.) in Psychology	2300103269	P
62.	ZENIA NOOR	B. A. (Hons.) in Psychology	2300101780	P
63.	ZIA ABBAS	B. A. (Hons.) in Psychology	2300101421	P
64.	MAIMUNA ABDULLAH	B. A. (Hons.) in Psychology	2400105298	P
65.	MALIKA ZAIDI	B. A. (Hons.) in Psychology	2400105231	P
66.	FARHEEN FATIMA ZAIDI	PGDGC	1800100081	P
67.	FATIMA AFAQUE RIZVI	PGDGC	2500102245	P
68.	JAVERIYA KHAN	PGDGC	2500106405	P
69.	LAKSHMI MISHRA	PGDGC	2100101617B	P
70.	MALLIKA ROY	PGDGC	2500106858	P
71.	NISHATA PARVEEN	PGDGC	2100100034B	P
72.	SACHIN YADAV	PGDGC	2200104442B	P
73.	SHADMA TAUQEER	PGDGC	2100100773B	P
74.	MANTSHA KAUSAR	B. A. (Hons.) in Psychology	2300102301	P
75.	NAMRAH MIRZA	B. A. (Hons.) in Psychology	2300102159	P
76.	PRACHI JAISWAL	B. A. (Hons.) in Psychology	2300104298	P
77.	RACHIT RAJPOOT	B. A. (Hons.) in Psychology	2300104300	P
78.	RIDDHI SACHDEVA	B. A. (Hons.) in Psychology	2300103733	P
79.	SABA IMAM	B. A. (Hons.) in Psychology	2300104954	P
80.	MOHD RIZWAN	B. A. (Hons.) in Sociology	2500100964	P

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S. No.	Name	Department	Enrollment No	Signature
81.	AMNA ASHFAQ	M.A. Clinical Psychology	2500102668	P
82.	ANUSHREE CHAKRAVARTY	M.A. Clinical Psychology	2500101870	P
83.	ASEERIA MAHAMID HASAN	M.A. Clinical Psychology	2500105505	P
84.	ASFIYA KHAN	M.A. Clinical Psychology	2100100845	P
85.	ASHRAKA NAZ	M.A. Clinical Psychology	2500102977	P
86.	ASNA WAJAHAT ALAM	M.A. Clinical Psychology	2500101943	P
87.	MOHAMMAD SAJID ALI KHAN	B. A. (Hons.) in Psychology	2300103363	P
88.	SALLAUDDIN SIDDIQUI	B. A. (Hons.) in Psychology	2300102411	P
89.	MOHD SAQUIB	B. A. (Hons.) in Psychology	2300101642	P
90.	RASHID IQBAL	B. A. (Hons.) in Psychology	2300104330	P
91.	PANKAJ KUMAR CHOUDHARY	B. A. (Hons.) in Psychology	2300104106	P
92.	ADEEBA ARMAAN	M.A. Clinical Psychology	2400101445	P
93.	AFIFA AMIN	M.A. Clinical Psychology	2100103768	P
94.	AISHA TAFREEN	M.A. Clinical Psychology	2100101274	P

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